

MIDDLE TENNESSEE INTERGROUP MINUTES
Nashville, Tennessee

CONFERENCE CALL: 1-857-232-0482;

Host Code: 9554; Conference Code: 143547

October 20, 2018, 10:10 A.M.

Present:

Board Members – Jenny, chair; Heidi, secretary

Committee Chairs – Phyllis C., phone; Dianne, 12th Step Within

Meeting Reps – Trevor, Patrick, Lee T.

Standing Members – Susan, Angela

Welcome by Chair – Jenny

Serenity prayer – All

Preamble read by Chair:

We are Intergroup---dedicated to serving the needs of Overeaters Anonymous, electing to attend, we strive to put aside our illness. Our purpose is to conduct business. We understand the necessity of doing so in an orderly fashion. We leave our feelings at the door when we gather to serve OA as a whole. To maintain OA unity, we place principles before personalities. The quality of our service depends upon our willingness to commit to OA goals.

Concept of the month – Read by Susan

Tradition of the month – Read by Trevor

Approval of September Minutes – Patrick, motion. Lee, second. Unanimous approval.

Treasurer's Reports –

PROFIT AND LOSS: As of SEPTEMBER 30, 2018,

- Last month's income: \$
- Last Month expenses: \$
- Profit/Loss: \$

CASH BALANCE: As of SEPTEMBER 30, 2018,

Total Cash Balance: \$

- Available Cash: \$
- Prudent Reserve: \$
- Rent Prudent Reserve: \$
- Spirit of Scholarship: \$

OUT OF THE ORDINARY TRANSACTIONS SEPTEMBER:

Motion to approve SEPTEMBER Treasurer's reports – Unavailable and tabled until November.

NEW BUSINESS:

1. October 12-14 the Region 8 Business Assembly met in Little Rock, Arkansas. MTI did not have a Region rep to send to the business assembly. Once SOAR8 has an update posted about the business conducted we will share it with MTI.
2. Nominations for MTI Region 8 representative. Jenny nominated Pat C. Lee second. Unanimous.

OLD BUSINESS:

1. Budget Committee: Past Treasurer – Janis M., an MTI member Stephanie W. are the budget committee. When we get a new treasurer, this person will also be a part of the budget committee. Lee volunteered to be the third MTI member on the budget committee but may need to attend by phone.
2. Open Positions –
 - a. Treasurer – Stephanie W. has offered to fill in as treasurer until we have someone. Unanimous vote.
 - b. WSO Rep – Position is open. Meeting in Albuquerque is in May. Thank you to Pat C. for your service as WSO rep.
 - c. PI/PO Chair and Vice Chair are open.
3. SOAR 8 Business Assembly. Dianne is working on the preliminary information needed for MTI to vote a group conscience if MTI wants to submit a bid to host a Region 8 Business Assembly in Nashville.
4. Office Scheduling Work Group Report. Heidi created a Google Calendar that anyone with access to the MTI Google Group can change. A link to that could be put on the website. Trevor asked whether anyone who books the intergroup office needs to pay \$20. Lee said groups that do service typically do not have to pay. The next steps are to experiment with the calendar to see its capabilities, and then we will book all the standing meetings we know about and ask Peter to put a link on our website.
5. The Spring Retreat bank account:
 - a. Sarah G. – Update on closing the Retreat account at Regions. Tabled. Lee said he would like to keep an account open year-round for no fees. Group agreed to check into moving all of our banking to Regions since there are no fees.
 - b. Janis M. – Update on SunTrust fees to keep a Retreat account open where MTI banks. Tabled.
6. The MTI Survey participants asked for the following; see MTI's responses:
 - a. Step Study – **UPDATE:** Twelfth Step Within Committee is having a “Back to Basics Step Study” November 10th and November 17th. They are looking for members abstinent in recovery to volunteer as temporary sponsors for these sessions to assist folks with their step work as needed. Please contact Dianne B. or Robin M. Lee brought up the concern that “Back to Basics” is not OA approved literature and suggested doing the workshop with the Big Book only. Several agreed. Jenny suggested that we remove references to the book even if the content still guides the sessions.
 - b. All Things Sponsorship--

- i. Sponsorship: **UPDATE: Still Open:** We are continuing to seek someone who is willing to keep up with listing MTI members available to sponsor and posting to the Sponsorship Board at MTI, and possibly communicate via the OA Google email to be the contact for those that do not attend OA meetings at MTI – This individual would serve as a Sponsor Liaison putting members looking for sponsors/sponsees in touch with one another.

- c. Host special events aimed at newcomers:
 - i. All members of MTI are encouraged to announce at their meetings any gatherings of OAers outside the meetings whether it be for coffee, meals, etc. in an effort to build camaraderie and support for one another – especially in making newcomers feel welcome.
 - ii. **UPDATE: Still Open:** Do we have a volunteer to call meeting contacts on the MTI Meeting List and ask them to announce this at their meetings? Perhaps if a meeting doesn't have anything currently, if they are interested in having something periodically, encourage them to start.

COMMITTEE REPORTS:

Twelfth Step Within (Chair – Dianne) – See upcoming events.

Phone chair (Chair – Phyllis) – Nothing new to report.

Public Information/Professional Outreach (Chair- open) Report out for Recovery Fest

Tech/Web (Chair – Peter) –

Literature (Chair – Danny) –

WSBC (Chair – Open) –

Region 8 (Pat C.) – See New Business.

UPCOMING EVENTS:

- 1) October 20, 2018 – Workshop, “Sharing the Gifts and Fruits of our Recovery,” by Lee T.; 1:30pm-3:00pm at MTI IG office.
- 2) November 10 and November 17 - Back to Basics Workshop 1:30pm-4:00pm at MTI IG office.
- 3) December 12th – Twelfth Step Within Day – Countdown to Abstinence will be shared daily.

Close: Serenity Prayer

NEXT MEETING: Saturday, November 17, 2018 at MTI on Harding Place 10:10-10:50 AM.